GLOOSCAP
First Nation

Glooscap First Nation

APUKNAJIT

FEBRUARY

Newsletter

Chief's Message

Kwe' everyone,

I hope you all had a restful holiday and were able to spend time with your loved ones. As we start the new year, I want to share a few updates with you.

I want to take a moment to acknowledge the recent shootings of two Mi'kmaq men by the RCMP, one in New Brunswick and one in Nova Scotia. This has been very difficult news, and many people are hurting. My thoughts are with the families and loved ones affected during this time.

Earlier this week, I attended an announcement with Nova Scotia Power and New Brunswick Power at the Millbrook Cultural Centre. The announcement was about a new transmission line between Nova Scotia and New Brunswick that will help improve power reliability and support clean energy. It was also important because First Nations are part-owners in this project, helping create long-term benefits for our communities.

As many of you know, my sister recently passed away. I want to thank everyone who reached out with kind words, prayers, and support. It meant a great deal to me and my family during a very hard time.

As we move forward, it is back to business as usual. Council and staff continue their work, and I will keep sharing updates with you as the year goes on.

Wela'lin,

Chief Sidney Peters
Glooscap First Nation

Council Update

Amanda Francis
Councillor

Gail Tupper
Councillor

Charlotte Warrington
Councillor

Kwe' community members,

Over the past few months, Council has been focused on supporting the community and making sure important work continues through the winter. Health, family, education, and community programs are active, with support available for mental health, children and families, and for community members who need help connecting to programs and services.

Work is also moving ahead to improve safety and community spaces. The Health and Healing Centre expansion continues and is expected to be completed in March 2026. New safety measures are being added at community spaces, and emergency planning continues to be developed to help the community be better prepared in the event of an emergency.

Council continues to speak up for our land, water, and Mi'kmaq rights. Staff are taking part in meetings about rivers, fish passage, and harvesting to make sure community concerns are heard. This work reflects Mi'kmaq knowledge and a shared responsibility to care for the land and water for future generations.

Council would like to thank our community members for their feedback and will continue to share updates as important work moves forward. If you have questions, concerns, or ideas, Council welcomes hearing from you. Community members are encouraged to contact admin@glooscapfirstnation.com, attend meetings when possible, or get involved in programs, activities and volunteering in our community. Your voice and experiences help make our community a better place for us all.

Wela'lin,

Glooscap First Nation Council

Council Update

Chief and Council Meetings

Chief and Council meetings are held monthly. If you would like to be added to the agenda, contact admin@glooscapfirstnation.com. Requests must be submitted one week before each meeting to allow time for planning.

Upcoming Meeting Dates:

2026: Feb. 23–24; Mar. 30–31; Apr. 27–28; May 25–26; Jun. 29–30; Jul. 27–28; Sep. 28–29; Oct. 26–27; Nov. 23–24

Cultural Teachings and Environmental Stewardship

Mi’kmaw Language Corner

Taluisin? (dah loo we sin) - What is your name?

Ni’n teluisi (neen delloo we see) - My name is

Ta’mi wikin? (dah me wih gihn) - Where do you live?

Ni’n wiki Kluskap (neen wih gē Gulloos gup) - I live in Glooscap

Cultural Teachings and Environmental Stewardship

New Reefer Van Supporting Community Food Access

The FSC program has added a new reefer van after securing funding through a successful proposal. This van will support lobster pick-ups and drop-offs, as well as the delivery and storage of seafood and meat for the community.

The previous lobster distribution plan was short-term, and work is now underway to explore a more sustainable approach. This includes looking at future partnerships with Mi'kmaw fisheries in the Yarmouth area. Updates will be shared with the community as plans develop.

This reefer van is an important addition that helps strengthen food access and safe storage in our community. If you have ideas for educational workshops or community trips you'd like to see offered, please reach out to Theresa Carter to share your suggestions.

Contact: tcarter@glooscapfirstnation.com

Community Events: Important Dates and Announcements

Income Assistance & Case Management Support

If you're experiencing financial stress or a change in income, support is available. Income Assistance and Case Management programs can help with essential needs such as food, basic living costs, health-related expenses, learning opportunities, and cultural connections.

Reaching out for help can feel overwhelming, but you don't have to navigate it alone. Whether you need short-term assistance or help planning next steps, there are trusted supports within the community ready to help — without judgment, just care.

To learn more or to connect with confidential community resources, please contact:

Community Services Officer: Sandy-Lynn Fisher
Phone: 902-684-9788 ext. 231
Email: sfisher@glooscapfirstnation.com

Mental Health Nurse Schedule Update

Mental Health Nurse Jules has shared an update to her weekly schedule. Jules continues to provide support to community members both in person and virtually, and she remains available to support community events whenever possible.

If you have questions or would like to book an appointment, please reach out directly.

In Community: Tuesdays, 8:30 a.m.–4 p.m. (appointments and walk-ins as time allows)
Phone & Virtual Support: Thursdays, 8:30 a.m.–4 p.m.
Contact: jbutt@glooscapfirstnation.com
or 1-782-838-0580

Community Events: Important Dates and Announcements

Celebrating Dance and Culture

Photos from our Jingle and Fancy Shawl dance classes held in December and January. It was great to see youth learning and moving together!

Drum Teachings with Brian Knockwood

Photos from recent drum teachings led by Brian Knockwood at the Glooscap Community Hall.

Community members came together to learn traditional drumming and spend time connecting through culture.

Community Events: Important Dates and Announcements

Meet & Greet with EyeSee You Mobile Optician

Community members are invited to a Meet & Greet with Terra Brommit, Optician and Owner of EyeSee You Mobile Optician. This is a great chance to ask questions, explore eyeglass options, and get help with basic eye care needs.

If you have a new prescription, Terra will have a variety of eyeglass frames to choose from. She will also be offering repairs, adjustments, cleanings, and information for anyone thinking about new glasses. Light refreshments will be provided.

Date: Tuesday, February 10
Time: 10 a.m. – 12 p.m.
Location: Glooscap Community Centre

Jordan's Principle & First Nation Child and Family Services Settlement

Free, trauma-informed support is available to help with the settlement claim process. Claims Helpers can assist with forms, documents, and connecting you to community or wellness supports.

Visit the settlement website for eligibility details and claim resources.

Contact:
1-833-852-0755 (Mon–Fri, 9 a.m.–9 p.m.)
Generalinfo@Contact.FNChildClaims.ca

Community Events: Important Dates and Announcements

Air Fryer Cooking With Dad

Photos from our January 13 event, Air Fryer Cooking With Dad. It was a fun evening of cooking, learning, and spending time together.

Community Events: Important Dates and Announcements

Community Land Use Plan Engagement Session

Glooscap Band Members are invited to take part in the Community Land Use Plan Engagement Session, an important opportunity to share ideas and help shape the future of our lands.

This session will focus on community priorities, Mi'kmaw values, and long-term planning that supports Glooscap's heritage, well-being, and sustainability.

Community input is essential to this work, and members are encouraged to attend and take part in the conversation.

Session Details:

Date: Thursday, February 19

In Person:
Time: 1–4 p.m.
Location: GFN Community Hall, 159A Smith Road, Glooscap 35

Online:
Time: 6–9 p.m.

To receive the link to join virtually, email Jamie Royal at **admin@glooscapfirstnation.com** before **6 p.m.** on the day of the session.

These sessions are part of Glooscap's ongoing efforts to plan responsibly for the future while ensuring community voices guide decisions about land use and development.

Health

Naloxone Training

Community members are invited to attend a Naloxone (Narcan) training session with Nurse Jules. This session will provide clear, easy-to-understand information on how to recognize an overdose and safely use naloxone in an emergency.

Participants will receive a certificate and a naloxone kit upon completion.

Soup and sandwiches will be served, and door prizes will be available.

Date: Tuesday, February 3
Time: 4:30 p.m.
Location: Glooscap Community Hall

Birth Control Educational Workshop

All community members are welcome to join this educational workshop focused on birth control and reproductive health.

The session will explore:

- Fertility-focused cultural knowledge
- The history of women's choice in family planning
- Current support options for all stages of the reproductive journey

This is a welcoming space for learning, sharing, and discussion. Lunch, door prizes, and personal care packages will be provided.

Date: Monday, February 24
Time: 9 a.m.–12:30 p.m.
Location: Glooscap Community Hall
or 1-782-838-0580

Education

Post-Secondary Support at Horton High

Throughout the fall, students received hands-on support with scholarship and bursary applications, as well as guidance for university and college planning. The Education team continues to work closely with students to support their post-secondary goals and next steps.

For more information, contact:
Lauren Smith Jodrey:
ljodrey@glooscapfirstnation.com
902-684-9788 ext. 224

Waltes Workshop

In December, Horton High staff participated in a Waltes workshop led by Lily-Beth Fisher. Wela'lin to Lily-Beth for generously volunteering her time and sharing her knowledge.

Student Spotlight: Daisy

Celebrating Daisy Prest!

Congratulations to Daisy Prest on receiving her fourth award since starting school. Daisy was recognized as a Bucket Filler for her gentle and caring nature. She brings joy to her classroom, is a thoughtful learner, and consistently gives her best effort. Her kindness helps create a welcoming environment where everyone feels valued. Way to go, Daisy!

Education

Post-Secondary Readiness Workshop (Update)

We are actively working to reschedule the Post-Secondary Readiness Workshop to a later date. Coordinating with partners and ensuring the timing best supports students and families is important to us. More details will be shared soon — stay tuned.

Mi'kmaw Cohort Program Planning

We continue to meet with Horton High School to coordinate courses, teacher roles, and program development for the upcoming Mi'kmaw Cohort Program, which is scheduled to pilot in September.

Important Dates:

All schools:
February 16 – Nova Scotia Heritage Day: no school
February 25 – Early dismissal: all students dismiss 2 hours early

L.E. Shaw:
February 13 – Fire drill
February 13 – Spirit day, show your love! Wear pink and red.
February 20 – Hold and secure drill

Hantsport:
February 2 – Semester 2 starts
February 5 – Trivia night (hosted by Horton Music) 7-9 p.m.
February 12 – Valentine's dance
February 20-22 – Into the Woods musical
February 23 – MAAD presentation 2 p.m
February 27, 28 – Into the Woods musical

Education

Share Your Voice: What Does It Mean to Be L'nu?

The Glooscap Education Department is creating a short video for the upcoming Mi'kmaw Kina'matnewey (MK) Symposium, and we would love to hear from community members of all ages.

We're inviting **youth, students, adults, Elders**, and **families** to submit a **10–30 second video** answering one of the following questions:

- What does it mean to you to be L'nu?
- How do you stay connected to culture in your daily life?
- What makes you proud to be part of Glooscap?
- What does "walking in two worlds" mean to you?
- How has your identity shaped your education, work, or life journey?

Participants are also welcome to share short clips of daily life, school, cultural activities, time on the land, or moments that make you feel proud and connected.

Compensation: Participants will receive a monetary thank-you in February.

How to Submit:
Email your video to ljodrey@glooscapfirstnation.com
or text your clip to 902-300-1559

Submission Deadline: February 23, 2026

The final video will be shown at the MK Symposium, celebrating the voices and strength of Glooscap First Nation.

Wela'lioq for sharing your story.

Employment, Training and Volunteer Opportunities

Housing Update

We're happy to share that two new homes are on track to be completed by the end of winter! Three more homes are scheduled to be finished in the spring and summer, helping support families and strengthen our community.

Capital & Facilities

To strengthen community safety and security, additional security cameras will be installed overlooking the **Mawio'mi Grounds, Playground, and Swimming Pool/Parking Lot areas**. Installation is expected to take place at the end of January.

Additional signage promoting security and neighbourhood watch will also be added.

For questions or more information, contact:
Jason MacLeod
Office: 902-684-9788 ext. 204
Cell: 902-690-5157

Employment, Training and Volunteer Opportunities

Glooscap First Nation & Glooscap Ventures

Glooscap First Nation and Glooscap Ventures are pleased to share the following current employment opportunities:

The Market at Glooscap
- Store Manager
- Assistant Store Manager / Supervisor
- Accounting Clerk II
- Retail Clerks (five positions available)

Health & Community Services
- ASHOR Coordinator – Glooscap First Nation Health and Healing Centre

Administrative & Operational Support
- Part-Time Van Driver
- Term Receptionist
- Red Seal Electrician

How to Apply:

Interested candidates are invited to submit a current résumé and, if desired, a brief cover page indicating the position of interest.

Email applications to: recruitment@glooscapfirstnation.com
Please include the job title in the subject line of your email.

Emergency Management

Emergency Management Update

Information and updates related to Emergency Management will continue to be shared with the community. If you have questions or concerns related to emergency preparedness or response, please watch for updates and outreach opportunities.

Emergency Preparedness: 72-Hour Kit & Go Bag

Winter is a good time to check your 72-hour emergency kit. Storms, power outages, and severe weather can happen quickly, so being prepared helps keep your household safe.

Take a few minutes to review your supplies. Make sure food is not expired, bottled water is stocked, batteries are charged and not leaking, medications are up to date, and pet supplies are included. It's also a good idea to replace items once a year or after they've been used. A well-prepared kit can make a big difference during an emergency.

72-Hour Emergency Kit Essentials

- Food and bottled water
- Flashlight, radio, and extra batteries
- Phone charger or battery pack
- First aid kit and personal medications
- Important documents (ID, health card)
- Small cash and extra keys
- Warm clothing or blanket
- Hygiene items (toilet paper, wipes)
- Glasses or contact lenses
- Pet supplies (if needed)

Emergency Management

New Fire Skid Donation & Volunteer Training

Glooscap has received a generous donation from GlobalMedic — a fire skid unit designed to help respond to brush fires and small wildfires. This equipment strengthens our wildfire preparedness and adds an important new safety tool for the community.

Over the winter and spring, we'll be looking for volunteers who would like to learn how to operate the fire skid and receive basic wildfire response training. It's a great opportunity to gain hands-on experience, build transferrable skills, and support the safety of your community.

To learn more or get involved, contact: emo@glooscapfirstnation.com.

Emergency Management Committee – Volunteers Needed

Glooscap Emergency Management is also seeking community members to join the Emergency Management Committee. This group meets for about an hour each month (date and time to be confirmed) to share ideas, discuss preparedness projects, and help guide the community's response planning.

If you enjoy working collaboratively, have ideas to contribute, or simply want to help strengthen Glooscap's emergency readiness, we'd love to hear from you.

For more information, contact:
emo@glooscapfirstnation.com

Important Dates

Upcoming Dates, Holidays & Office Closures

- February 3 - Naloxone Training (4:30p.m.)
- February 4, 11, 18 & 25 - Dr. Matthews (9a.m.-3p.m.)
- February 5, 23 - Acupuncture (10a.m.-12p.m.)
- February 10 - EyeSee You Mobile Optician (10a.m.-12p.m.)
- February 12 - Jordan's Principle drop in
- February 14 - Winter Feast & Carnival, (11am - 8pm)
- February 16 - Nova Scotia Heritage Day: no school
- Nerf Gun Night - (5:30-7:30pm)
- February 18 - Lunch & Learn on Diabetes and Mental Health at (11am)
- February 19 - Melissa Stoddart, NP (9a.m.-3p.m.)
- February 19 - Land Use Plan Engagement Sessions (in-person 1pm & online 6pm)
- February 24 - Birth Control Workshop (9a.m.-12:30p.m.)
- February 24 - Food Pantry (1-4pm)
- February 25 - Early dismissal: all students dismiss 2 hours early
- February 26 - Diabetic Foot Care (9a.m.-3p.m.)
- February 26 - Jordan's Principle drop in

Calendar - February

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 **Acupuncture** 10 am - 12 pm **ASP** 2:30pm-5:15pm	3 **AHSOR** 10am-12pm **Naloxone Training** 4:30 pm **ASP** 2:30pm-5:15pm **Mental Health Nurse in Community** 8:30 a.m.–4 p.m.	4 **Dr. Matthews** 9 am - 3 pm **AHSOR** 10am-12pm	5 **AHSOR** 10am-12pm	6	7
8	9 **ASP** 2:30pm-5:15pm	10 **EyeSee You Mobile Optician** 10am-12pm **AHSOR** 10am-12pm **Mental Health Nurse in Community** 8:30 a.m.–4 p.m.	11 **Dr. Matthews** 9 am - 3 pm **AHSOR** 10am-12pm	12 **AHSOR** 10am-12pm **Jordan's Principle Drop-in**	13	14 **Winter Feast & Carnival** 11am-8pm
15	16 *Nova Scotia Heritage Day: no school*	17 **Mental Health Nurse in Community** 8:30 a.m.–4 p.m. **AHSOR** 10am-12pm **ASP** 2:30pm-5:15pm **Nerf Gun Night** 5:30pm-7:30pm	18 **Dr. Matthews** 9 am - 3 pm **AHSOR** 10am-12pm **Lunch & Learn on Diabetes and Mental Health** 11am	19 **Melissa Stoddart, NP** 9 am - 3 pm **AHSOR** 10am-12pm **Land Use Plan Engagement Session** In person - 1pm Online - 6pm	20	21
22	23 **Acupuncture** 10 am - 12 pm **ASP** 2:30pm-5:15pm	24 **Birth Control Workshop** 9am-12:30pm **AHSOR** 10am-12pm **ASP** 2:30pm-5:15pm **Food Pantry** 1pm - 4 pm **Mental Health Nurse in Community** 8:30 a.m.–4 p.m.	25 **Dr. Matthews** 9 am - 3 pm **AHSOR** 10am-12pm *Early dismissal: all students dismiss 2 hours early*	26 **Diabetic Foot Care** 9 am - 3 pm **AHSOR** 10am-12pm **Jordan's Principle Drop-in**	27	28